

POSTOPERATIVE INSTRUCTIONS – BOTOX INJECTIONS

GENERAL INSTRUCTIONS

- Avoid massage or manipulation of the treated area for 3 to 4 hours.
- Maintain vertical posture (walking, sitting), but no reclining.
- Use the treated muscles (e.g., forceful frowning, squinting, smiling) repeatedly in the 2 to 4 hours after injection. The medication works better in actively contracted muscles.
- Avoid touching and rubbing the affected areas.
- Wait 24 hours for any strenuous exercise.
- Avoid alcohol for 24 hours afterwards to limit the chance of bruising.

COMMON SIDE EFFECTS

In general, adverse events occur within the first week following injection of Botox Cosmetic and are transient. As is expected for any intramuscular injection procedure, localized pain, tenderness and/or bruising may be associated with the injections. Cool compresses may help alleviate these symptoms. Local weakness represents the expected pharmacological action of botulinum toxin.

HEADACHE

Headache may occur in the few hours after injection. Tylenol is an excellent medication for the relief of pain.

BRUISING

Some patients experience a slight temporary bruising at the injections site. This will fade with time.

PARESTHESIA

An abnormal sensation, such as burning, pricking, tickling, or tingling at the injections site may be relieved by applying a cool compress

THINGS TO WATCH FOR

Allergy: If you should experience difficulty in swallowing, speech, or respiratory disorders, contact Dr. Fortin immediately and if not available seek immediate medical attention

Pregnant: If you should become pregnant while taking this drug, you should call Dr. Fortin's office to make an appointment.

If you have any questions regarding your botox please contact Dr. Fortin's office