

## INSTRUCTIONS AFTER MINOR FACE/NECK/SCALP PROCEDURES

### 24 HOURS AFTER PROCEDURE

- May cleanse with mild soap and water daily.
- May wash hair.
- Ensure incision/dressings/steri-strips are patted dry well.
- Apply Vaseline to incision twice daily if left open.
- You may apply new bandage if you wish.
- Stitches will be removed in 5 to 7 days (if you have any).
- Keep head elevated for 24-48 hours after surgery (a couple pillows at night).
- For SKIN GRAFTS leave dressing intact until your visit in 5-7 day.

### PAIN CONTROL

- May use Tylenol plain or extra strength.
- Avoid use of Aspirin/ Advil etc (anti-inflammatories) for 48 hours after surgery unless otherwise advised.

### SIGNS OF INFECTION

- If your incision becomes more red, extremely painful, you develop a fever or have pus in the wound please contact the office or nearest medical facility for attention

### SCAR MANAGEMENT

- Avoid makeup in the area for 2 weeks.
- Apply sunscreen (>SPF15) to the scar area for two years after surge.
- If you wish you may begin to massage the scar and/or apply Vitamin E oil after 6 weeks following surgery (if well healed).