

INSTRUCTIONS BEFORE SURGERY (GENERAL ANESTHETIC)

- Please read and follow all directions carefully. Failure to do so could result in cancellation of your surgery.
- The hospital pre-admission office will call you for an appointment before surgery.
- You must have nothing to eat or drink after midnight the night before your operation.
- Do not use **ASPIRIN, VITAMIN E capsules, GARLIC SUPPLEMENTS or ANTI-INFLAMMATORIES (ADVIL, MOTRIN, NAPROSYN, CELEBREX, ST JOHN'S WORT ETC.)** for 2 weeks prior to your surgery unless cleared with your surgeon.
- If you are taking **COUMADIN/WARFARIN/HEPARIN/PLAVIX** or another blood thinner, please check with your surgeon whether you will need to stop prior to surgery. If you need to stop if my require blood work (INR/PTT) drawn at the hospital the morning of or night before your surgery.
- No alcoholic beverages 24 hours prior to surgery.
- Please have someone at the hospital to drive you home upon discharge.
- Please advise us of any changes in your health or medications since your last visit.
- Remove all jewellery from hands and wrists prior to surgery.
- Please advise us if you have been, or are, required to take antibiotics for surgical procedures or dental work, due to a heart condition.

Please note your surgery may be postponed should an urgent surgical case take priority.

Do not hesitate to contact the office if you have any questions.

Report to Patient Registration (2nd Floor of Health Sciences North Hospital) the day of surgery 2 hours prior to your scheduled time.