

AFTER LABIAPLASTY

24 HOURS AFTER PROCEDURE

- May cleanse with mild soap & water daily
- Ensure incision is patted dry well
- Apply Vaseline to incision twice daily to help stitches not stick
- **Do NOT use Polysporin**
- You may apply new bandage/pad if you wish
- Stitches are dissolvable
- If there is bleeding after the freezing comes out (common) sit for 10 minutes on the pad to apply pressure, avoid walking/standing for long periods
- Apply ice packs for 10 minutes at a time to help with swelling

PAIN CONTROL

- May use Tylenol plain or extra strength
- Avoid use of Aspirin/ Advil etc (anti-inflammatories) for 48 hours after surgery unless otherwise advised

SIGNS OF INFECTION

- If your incision becomes more red, extremely painful, you develop a fever or have pus in the wound please contact the office or nearest medical facility for attention

FOLLOW UP

Dr. Fortin would like to see you in the office one week after surgery. Your sutures will dissolve on their own, however there may be some sutures that need to be removed at two weeks from discharge.

If you have any questions regarding your surgery please call Dr. Fortin's office.

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