

INSTRUCTIONS BEFORE SURGERY (GENERAL ANESTHETIC)

- Please read and follow all directions carefully. Failure to do so could result in cancellation of your surgery.
- The hospital pre-admission office will call you for an appointment before surgery.
- You must have nothing to eat or drink after midnight the night before your operation.
- Do not use **ASPIRIN, VITAMIN E capsules, GARLIC SUPPLEMENTS or ANTI-INFLAMMATORIES (ADVIL, MOTRIN, NAPROSYN, CELEBREX, ST JOHN'S WORT ETC.)** for 2 weeks prior to your surgery unless cleared with your surgeon.
- If you are taking **COUMADIN/WARFARIN/HEPARIN/PLAVIX** or another blood thinner, please check with your surgeon whether you will need to stop prior to surgery. If you need to stop if my require blood work (INR/PTT) drawn at the hospital the morning of or night before your surgery.
- No alcoholic beverages 24 hours prior to surgery.
- Please have someone at the hospital to drive you home upon discharge.
- Please advise us of any changes in your health or medications since your last visit.
- Remove all jewellery from hands and wrists prior to surgery.
- Please advise us if you have been, or are, required to take antibiotics for surgical procedures or dental work, due to a heart condition.

Please note your surgery may be postponed should an urgent surgical case take priority.

Do not hesitate to contact the office if you have any questions.

PROCEDURE _____

DATE _____ TIME _____

Report to Patient Registration (2nd Floor of Health Sciences North Hospital) the day of surgery **2 hours prior** to your scheduled time.