

INSTRUCTIONS BEFORE MINOR SURGERY (LOCAL ANESTHETIC)

- Please read and follow all directions carefully. Failure to do so could result in cancellation of your surgery.
- Do not use **Aspirin, Vitamin E capsules, Garlic supplements, or anti-inflammatories (Advil, Motrin, Naprosyn, Celebrex etc)** for 2 weeks prior to your surgery unless cleared with your surgeon.
- If you are taking **Coumadin/Warfarin/Heparin/Plavix or another blood thinner** please check with your surgeon whether you will need to stop prior to surgery. If you need to stop it you may require bloodwork (INR/PTT) drawn at the hospital the morning of or night before your surgery.
- No alcoholic beverages 24 hours prior to surgery.
- Please have someone at the hospital to drive you home upon discharge.
- Please advise us of any changes in your health or medications since your last visit.
- Remove all jewellery from hands and wrists prior to surgery.
- Please advise us if you have been, or are, required to take antibiotics for surgical procedures or dental work, due to a heart condition.

Please note your surgery may be postponed should an urgent surgical case take priority.

Do not hesitate to contact the office if you have any questions.

PROCEDURE _____

DATE _____ TIME _____

Report to Minor Procedures **1 hour prior** to surgery. Minor Procedures clinic is located on the main floor – Health Sciences North (turn LEFT – past Tim Horton’s and then right).