

Surgical Patients Information Package

This package is designed to facilitate your surgical experience. You will find enclosed instructions for payment, pre-admission information, and pre-op and post-operative information.

Booking Your Surgery

A \$1500.00 non-refundable deposit is required to book your surgery date. This date is not available to other patients and is held for you. Should you decide to cancel or reschedule your surgery for a later date this deposit is non refundable and non transferable.

Smoking

If you are a smoker, you are required to quit three months prior to booking your surgery.

Payment

Payment for surgery must be paid in full, four weeks before your surgery day. Payment can be made by cash, certified cheque, money order, or Debit Card. Please bring in your surgical cost quotation sheet when coming in to make your payment.

Cancellation

If payment is not received four weeks prior to surgery, your surgery date will be postponed until such time as payment is received.

If for any reason you need to cancel or postpone your surgery after full payment is made, your funds will be returned minus the deposit.

Pre-admission

When you pay for your surgery, an appointment will be made with the nurse for pre-op teaching. At this visit, pre and post operative care related to your procedure will be discussed. As well, pre-operative photographs will be taken, measurements for post-op garments will be obtained, and your consent will be signed. Requisitions will be given to you for blood work, chest X-ray and ECG if necessary when you come in to make your payment.

Day of Surgery

Please arrive for your surgery at the requested time. When you arrive, you will be asked to void and then taken into an exam room. You will then be asked to change into a gown and put on a hair cap. A nurse will come in to perform a pre-operative assessment including the taking of your vital signs. The anesthesiologist will then have a consult with you. Dr. Fortin will see you before the surgery and surgical markings will be performed if required.

_____ Patient Initials

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Recovery

After your surgical procedure has been performed, you will be transferred to our recovery room. You will be in recovery approximately three to six hours after your surgical procedure. You will require an oxygen mask immediately after surgery. The recovery nurse will review your postoperative care with regard to your incision care and dressing. Post operative binder or compression garment care will also be reviewed. If you have a drain, the nurse will demonstrate how to manage the care at home which will be for one week after surgery. Your ride will be contacted one half hour before you are ready to go home.

Discharge

Before discharge, Dr. Fortin will perform a post-operative assessment and go over your discharge instructions. A prescription will be provided for necessary postoperative medications. A follow up appointment will also be given at this time.

Travelling Home

For your comfort on your ride home we suggest you wear loose, comfortable clothing eg. pajamas or track suit. Pillows for support and a blanket will add to your comfort. After surgery, nausea and vomiting can occur. You should bring a suitable container with your vehicle for the drive home. The Ministry of Transportation does not exclude surgical patients from wearing their seatbelt; therefore we suggest you wear your seatbelt at all times while traveling.

Post Operative Care

You should arrange to have someone be with you for the first 48 - 72 hours for assistance and in case of an emergency. Your diet should start off with fluids, broth, and then start to add bland food like crackers and toast. Avoid fatty foods that are hard to digest for the first 24 hours. All food and drink should be taken in small amounts and attempted in frequent time intervals. If you consume too much at once, you may experience nausea and vomiting due to the anesthesia and pain medications.

Questions

Should you have any concerns or more questions regarding your surgery, an appointment should be made to see Dr. Fortin well in advance of your surgery date. If you would like to have more procedures performed than what has been scheduled, an appointment should be made well in advance of your surgery date to discuss these with Dr. Fortin.

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